

Driving Instructions (Red dotted line)

From Rte 2, Arlington Exit (Rte 60):

A. Go N/NE on 60 towards Arlington Ctr.

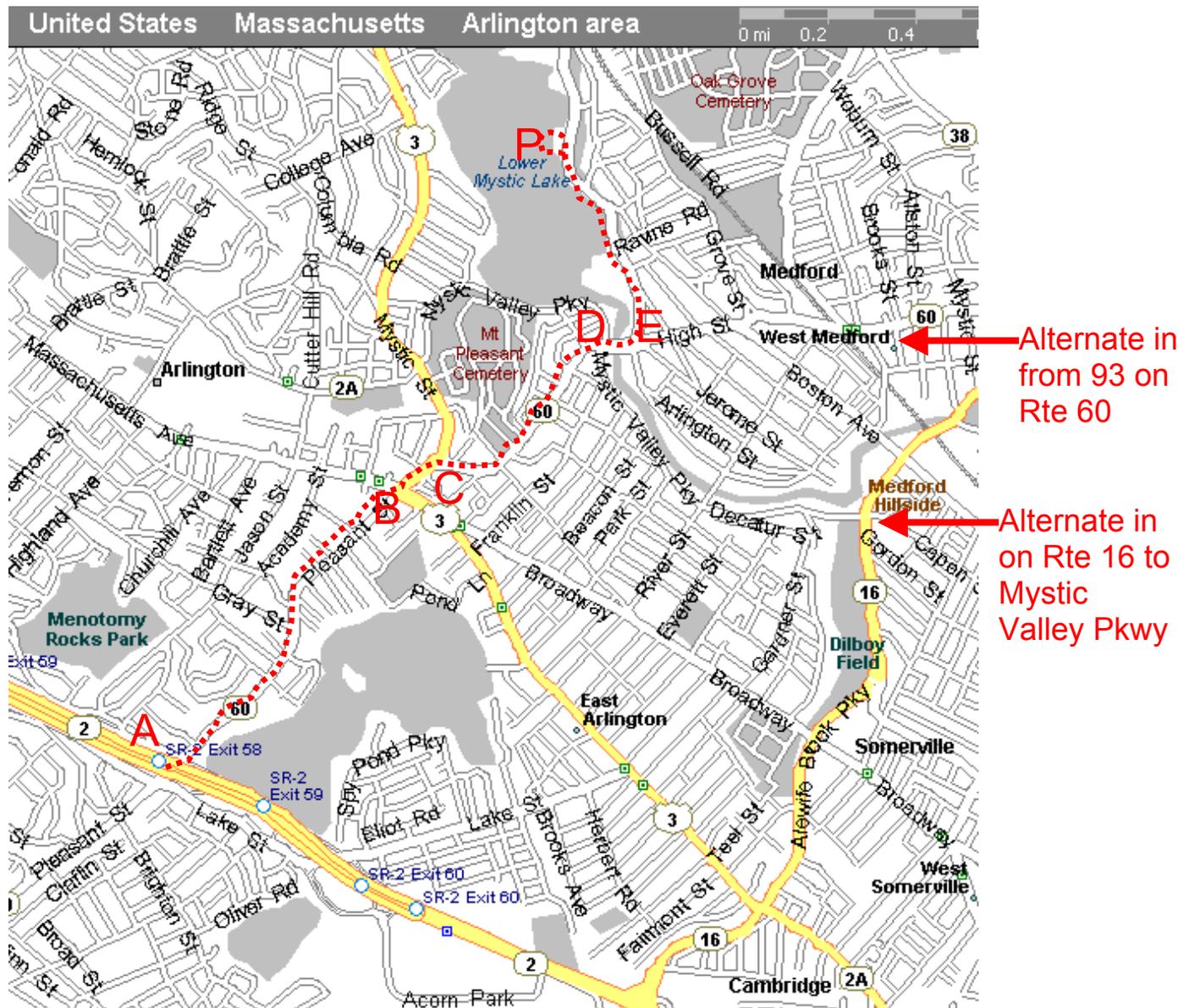
B. Cross Mass Ave

C. Go downhill alongside the big parking lot where we sometimes park to skate the MM trail, go right following 60 at the bottom of the hill

D. Come to circle on W/SW side of Mystic River, at Mystic Valley Parkway, Go across circle and cross over bridge

E. Go 270 degrees around circle on far side of bridge and head N on (another branch of) Mystic Valley Parkway.

P. Park at first parking lot on left



Skating Instructions (Red dashed line) From P

- A. Go N on Mystic Valley pkwy
 - B. Near the commuter rail station, turn right onto Bacon St
 - C. Follow Bacon S. Becomes Main St (Rte 38), then Winthrop St
 - D. Bear right on Playstead Rd.
 - E. Again meeting up with commuter rail, turn right on High St in W Medford (busy, could opt for sidewalk)
 - F. Turn right on Grove St. Follow alongside Oak Grove Cemetery
 - G. Join back up with Bacon where merges with Main, repeat South-bound leg.
 - H. Go past the turn for Grove and turn right onto Mystic Valley Pkwy back to P
- Complete A-H loop as described ~8 miles.

